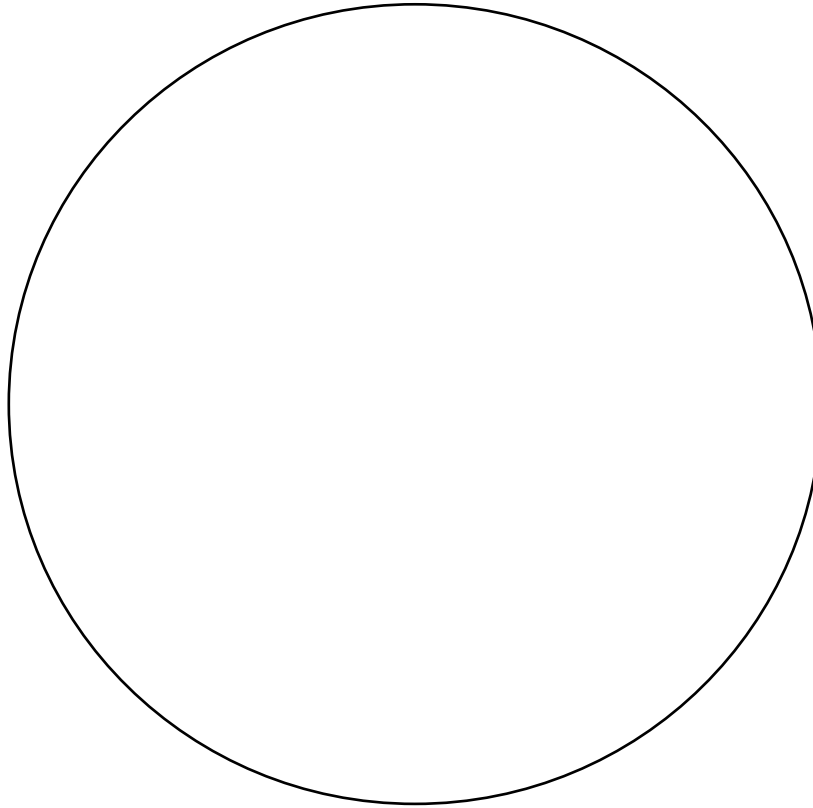




## PERSONAL DAILY/WEEKLY TIME CHART



**Your pie chart should have the following 10 sections. Size them based on the % of time you spend daily/weekly on each.**

- Relationships and Caring for Others
- Paid Work: Your Job
- Adult Responsibilities: House Chores, Car Care, Bill Paying, Laundry, Grocery Shopping, Etc.
- Exercising / Physical Activity
- Sleeping
- Intentional Hobbies / Fun / Relaxing
- Passion Work: Work you do that you don't get paid for.
- Personal Development
- Other (Zoning Out): TV, Facebook, Instagram, Games on Your Phone, Etc.
- Communing with God